

Soft Skill Workshop with Lean In India- A Report



Ms Rashmeet Kaur of Lean In India

A Soft Skills Workshop was organized in collaboration with 'Lean In India' under Community Outreach Program on 6th Feb 2019 with 150 student participants from BA(Prog), BA(Hons) Political Science, B.Sc Computer Science and B.Com (Hons). The workshop was focused on body language and non-verbal communication skills during interviews. The workshop gave students an in-depth understanding of how to use non-verbal communication to pursue professional goals. Participants learned about handy tool, pacifying behavior and body arrangement during the presentations or interviews. In the practical part of the workshop, students applied these tools on themselves. In the end Ms Rashmeet Kaur oriented students on Lean In India and why there is a need to form a Lean In circle at I.P. College for Women.

Some glimpses of workshops:



Ms Khyati Gupta Babbar's training on use of body language -1



Ms Khyati interacting with students



Ms Khyati in action